

Parent Teleconferences Overview

The aim of the Parent Teleconferences is to: 1) help parents gain effectiveness and familiarity with TLC System of Treatment; and 2) develop a healthy parent and child relationship.

To accomplish this, parents and staff must team together consistently and communicate openly for the benefit of their children and family. Parents will learn TLC's Fidelity of Treatment philosophy and goals, be conversant in the TLC "Lexicon", use of the TLC Point Sheet and Flow Chart, and active participation in role-playing (with video feedback) to resolve interaction and communication problems.

- TLC Lexicon – consistency in use of vocabulary to articulate concepts
- Fidelity of Treatment
 - Parent mastery of TLC System of Treatment
 - Demonstrate consistency in Home Setting:
 - Application of Behavior Management and
 - Application of Skill Sets
- Participation in Monthly Parent Teleconferences
- Participation in 2X monthly Family Therapy Sessions

- A. Effective Communication
- B. Data Recording and Use of Data
- C. Behavior Management –
Flow Chart
Privileges and Restrictions
- D. Managing the Environment

Schedules (all about me)

- E. Self-Regulation and Self-Control
 - Parent vs Child
 - Adult Supports
 - Self-Control Prompts

Effective Communication Curriculum

1. TLC vocabulary
 - Behavior Definitions
 - Effective Commands
 - Flow Chart
2. Matter-of-fact approach
 - Modulated voice (volume and tone)
3. Concrete instructions
4. Simple steps (no multi-tasking)
5. Response latency
 - Allow time for child to respond
 - Do not answer for the child
6. Attend to nonverbal communication
7. Non-threatening
8. Choices versus Directives

Parent Workshop September 29, 2006 Overview of the TLC Program

- Emphasis on the Point Sheet & Role Playing.
- Necessity of parents and staff teaming together consistently and communicating openly in order to benefit their student and family.
- TLC's "fidelity of treatment" philosophy and goals.
- Review of revised TLC Parent Handbook

TLC Philosophy

- Students – unique gifts and challenges
- Teaming – staff & parents
- TLC
 - Safe environment
 - Challenge & Growth

- Parents/Caregivers
 - Active participation
- Long-Term Collaboration
 - Invested and Persistent
- No Quick Fixes
- Short-term sacrifices -- Long term gains

Fidelity of Treatment

- Communication
 - Open
 - Relevant
 - Honest
 - Candid
 - Respectful
 - Consistent
 - No splitting or mixed messages
 - Frequent

Common Concerns & Conflicts

Child away from home

Staff assuming parenting role

Nurturance – parent need to provide

Balance: protect but challenge/encourage

Develop trust in TLC staff/program

Learning the TLC Program

Parent Handbook & Redbook

CBT & Behavior Management

Routine, structure, point sheet, skills, chores

Transferring TLC concepts to home

Premack Principle

Providing Options

Focus: Positive contingencies (earning)

Accountability

Consequences

Restitution

Contracting

Role-modeling

Stop-Gap Interventions (Time-Offs/Outs)

Flow Chart

When to Call TLC

Px-Solving Model

Active Listenng

Basic Rules: Media & Nutrition

Siblings – how these “rules” affect them